



Barton Peveril
Sixth Form College



ELITE NETBALL PROGRAMME AT BARTON PEVERIL

An exciting two year programme designed to develop promising and talented young netballers physically and technically.

We aim to help improve their performance on the court, as well as within their studies. It provides a unique chance to combine training and playing with full-time education.



How does it work?

Students have the opportunity to train three times a week alongside their studies which includes two skills based/technical sessions and one strength and conditioning session. You can expect the following:

- Access to all courses available at Barton Peveril
- A personalised fitness programme designed to help you peak for key competitions
- Coaching and support from a fully qualified and highly experienced coaching team

Who can join?

Any student can apply to the programme. Preferred experience includes club involvement, county or national representation. Students are required to have a good level of fitness to take this course.

Why should I join?

As well as joining a college with an outstanding reputation for supporting students to achieve excellent results, the college also boasts some first class sports facilities. The netball programme competes in both the first and second team leagues in the Hampshire College's league as well as the British Colleges and AOC Sport National competitions.

What will it cost?

£100 course fees are used to cover the cost of a kit bundle, including Netball dress, hoodie and travelling jacket.

Who do I contact for more information?

Email:

Luke Hampton, Director of Sport and PE
lfh@barton.ac.uk

What have other Netball players gone on to do?

Each year we have several players selected to represent England in the British colleges squad. During her time at college Holly Ellis was not only selected to play in the team but also Captained the U21 AoC England colleges team 2016/2017. Other past students include players such as Nicole Pollock who is now studying at Bath University and training with the Team Bath squad.

Who coaches the programme?

Alix Christopher is a PE teacher at the college and has years of Netball coaching experience enabling her with the skills and knowledge to support our students improvement in the sport. As the TASS Dual career coordinator Alix supports Elite athletes manage their academic studies alongside their sporting commitments. Alix is also still active as a Netball player herself and a C Award qualified Umpire.

Katie Tabner is a PE teacher at the college and a qualified sports therapist. She is a level 2 netball coach and has regional experience with Meon netball club based in Fareham. Katie is also still an active player in the Gosport and Fareham netball league where she Captains and Manages her own team.

Sonja Payne is a highly qualified and experienced coach, who works with Swan Netball Club and Superleague Franchise Team Bath U19s. Sonja brings a wealth of knowledge and enthusiasm to her role as 1st team netball coach.

Barton Peveril Sixth Form College
Chestnut Avenue, Eastleigh, SO50 5ZA
Tel: 023 8036 7200
www.barton-peveril.ac.uk